DECEMBER 2022 December NEED MUNTHLY SPECIALS



EMD-5004-180 Enzymedica **Diaest 180 CAPS** MSRP \$57.49 **SAVE 35% OFF MSRP** YOUR PRICE \$37.37



EMD-5012-090 Enzymedica

Digest Gold with ATPro 90 CAPS MSRP \$51.99

SAVE 35% OFF MSRP

YOUR PRICE \$33.79



EMD-5012-120 Enzymedica

Digest Gold with ATPro **120 CAPS** MSRP \$67.99

SAVE 35% OFF MSRP

YOUR PRICE \$44.19



EMD-5021-120 Enzymedica Lypo Gold **120 CAPS** MSRP \$49.99 **SAVE 35% OFF MSRP** YOUR PRICE \$32.49



EMD-5032-120 Enzymedica

Digest Spectrum **120 CAPS** MSRP \$58.99 **SAVE 35% OFF MSRP** YOUR PRICE \$38.34



GAI-5005-060 Gaia Herbs

Hawthorn Supreme 60 SFG MSRP \$31.99

SAVE 35% OFF MSRP YOUR PRICE \$20.79



GAI-5147-014 Gaia Herbs Reflux Relief 14 TABS MSRP \$13.99 **SAVE 35% OFF MSRP** YOUR PRICE \$9.09



GAI-6308-120 Gaia Herbs **Adrenal Health Daily Support**

120 LICAPS MSRP \$52.99 **SAVE 35% OFF MSRP** YOUR PRICE \$34.44



GAI-6343-060 Gaia Herbs

Women's Balance 60 CAPS MSRP \$30.99

SAVE 35% OFF MSRP YOUR PRICE \$20.14



GAI-6362-120 Gaia Herbs

Ashwagandha Root

120 LICAPS MSRP \$42.99

SAVE 35% OFF MSRP YOUR PRICE \$27.94



GAI-6400-120 Gaia Herbs

Turmeric Supreme Extra Strength

120 VCAPS MSRP \$49.99

SAVE 35% OFF MSRP YOUR PRICE \$32.49



GAI-6411-4.3 Gaia Herbs

Golden Milk

4.3 OZ MSRP \$23.99

SAVE 30% OFF MSRP YOUR PRICE \$16.79

VITAMIN CODE **Y (5)**

GEL-5075-120 Garden of Life

Vitamin Code 50 & Wiser Women 120 VCAPS

MSRP \$45.99 **SAVE 30% OFF MSRP** YOUR PRICE \$32.19



GEL-6129-002 Garden of Life

MyKind Organics **B12 Spray** 2 FL OZ

MSRP \$18.99 **SAVE 30% OFF MSRP** YOUR PRICE \$13.29



GEL-6145-030 Garden of Life

Dr. Formulated **Probiotics Once Daily Women's** 30 VČAPS

MSRP \$42.99 **SAVE 30% OFF MSRP**

YOUR PRICE \$30.09





December SUPPLEMENT SPECIALS



GEL-6164-060 Garden of Life

Mood + Probiotics **Shelf Stable**

60 VCAPS MSRP \$47.99

SAVE 30% OFF MSRP

YOUR PRICE \$33.59



GFI-6146-090 Garden of Life

Dr. Formulated **Enzymes Organic** Digest +

90 CHEWABLES MSRP \$31.99

SAVE 30% OFF MSRP

YOUR PRICE \$22.39



JAR-5001-100 Jarrow

Methyl B-12 & **Methyl Folate** 100 LOZENGES

MSRP \$22.99 **SAVE 30% OFF MSRP** YOUR PRICE \$16.09



JAR-5000-060 Jarrow

Alpha GPC 60 VCAPS MSRP \$45.99

SAVE 30% OFF MSRP

YOUR PRICE \$32.19



JAR-5012-240 Jarrow

Bone-Up 240 CAPS MSRP \$32.49 **SAVE 30% OFF MSRP**

YOUR PRICE \$22.74



JAR-5020-060 Jarrow

MK-7 60 SFG MSRP \$27.49

SAVE 30% OFF MSRP YOUR PRICE \$19.24



JAR-5033-060 Jarrow

Hyaluronic Acid 60 CAPS

MSRP \$23.49

SAVE 30% OFF MSRP YOUR PRICE \$16.44



JAR-5039-060 Jarrow

PS-100 100 ma 60 SFG MSRP \$38.49

SAVE 30% OFF MSRP YOUR PRICE \$26.94



JAR-5049-060 Jarrow

Co-Q10 100 mg 60 CAPS MSRP \$25.49 **SAVE 30% OFF MSRP**

YOUR PRICE \$17.84



JAR-5054-090 Jarrow

Saccharomyces **Boulardii Plus MOS** 5 Billion Organisms

90 VCAPS MSRP \$33.99

SAVE 30% OFF MSRP

YOUR PRICE \$23.79



JAR-5129-100 Jarrow

Methyl B-12 - Lemon Flavor 1,000 mcg

100 LOZENGES MSRP \$13.99

SAVE 30% OFF MSRP YOUR PRICE \$9.79



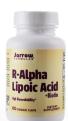
JAR-5212-060 Jarrow

Glutathione Reduced 500 mg

60 CAPS MSRP \$45.99

SAVE 30% OFF MSRP

YOUR PRICE \$32.19



JAR-5339-060 Jarrow

R-Alpha Lipoic Acid with Biotin

60 CAPS MSRP \$33.49

SAVE 30% OFF MSRP YOUR PRICE \$23.44

MegaFood Blood Builder MEG-5094-090 MegaFood

Blood Builder 90 TABS

MSRP \$34.99

SAVE 25% OFF MSRP YOUR PRICE \$26.24



MEG-6538-060 MegaFood

Turmeric Strength for Whole Body

60 TABS MSRP \$29.99

SAVE 25% OFF MSRP YOUR PRICE \$22.49



MEG-6577-030 MegaFood

Relax + Calm **Magnesium Soft Chews**

30 CHEWABLES MSRP \$16.99

SAVE 25% OFF MSRP YOUR PRICE \$12.74



NFT-5018-120 Natural Factors

Tranquil Sleep 120 CHEWABLES

MSRP \$59.95 **SAVE 35% OFF MSRP** YOUR PRICE \$38.97



NFT-5203-060 Natural Factors

Stress-Relax Melatonin 10 mg Chewable

60 CHEWABLES MSRP \$13.95

SAVE 40% OFF MSRP YOUR PRICE \$8.37





NFT-5028-180 Natural Factors MenoSense 180 VCAPS MSRP \$44.95 **SAVE 25% OFF MSRP** YOUR PRICE \$33.71



Natural Factors **Celadrin Joint Health** 350 mg 90 SFG MSRP \$24.95

SAVE 35% OFF MSRP

YOUR PRICE \$16.22

NFT-5058-090



NFT-5105-060 Natural Factors L-Theanine 125mg **60 VCAPS**

MSRP \$25.95 **SAVE 35% OFF MSRP** YOUR PRICE \$16.87



NFT-5177-120 Natural Factors RX Omega-3 Women's

120 SFG MSRP \$21.95 **SAVE 35% OFF MSRP**



NNA-6047-060 Nordic Naturals DHA Xtra 1000 mg 60 CAPS MSRP \$31.95 **SAVE 20% OFF MSRP** YOUR PRICE \$25.56



NNA-5021-060 Nordic Naturals **Ultimate Omega** Lemon

60 SFG MSRP \$27.95 **SAVE 20% OFF MSRP** YOUR PRICE \$22.36

NNA-6056-060



NNA-6072-060 Nordic Naturals Vitamin D3 + K2 Gummies **60 COUNT** MSRP \$24.95

VITAMIN DO

NNA-6052-060 Nordic Naturals Vitamin D-3 **Gummies 60 COUNT** MSRP \$14.95 **SAVE 20% OFF MSRP** YOUR PRICE \$11.96



Nordic Naturals Vitamin C Gummies **Tart Tangerine 60 COUNT** MSRP \$14.95 **SAVE 20% OFF MSRP**



NWY-5658-024 Nature's Way

Sambucus Elderberry Zinc Lozenges 24 LOZENGES

MSRP \$6.49 **SAVE 20% OFF MSRP** YOUR PRICE \$5.19



NWY-0047-008 Nature's Way

Umcka Cold Care Cherry Syrup 8 FL OZ

MSRP \$32.99

SAVE 25% OFF MSRP YOUR PRICE \$24.74



NWY-1010-020 Nature's Way

YOUR PRICE \$11.96

Umcka Cold+Flu **Chewable Tablets Orange Flavor** 20 CHEWABLES

MSRP \$19.49 **SAVE 25% OFF MSRP** YOUR PRICE \$14.62



NWY-6184-090 Nature's Way

Tart Cherry Ultra 90 CAPS

MSRP \$28.99

SAVE 30% OFF MSRP YOUR PRICE \$20.29



NWY-6091-060 Nature's Way

Alive! Hair, Skin & Nails Gummies

60 GUMMIES MSRP \$23.49

TRM-5038-120

SAVE 30% OFF MSRP YOUR PRICE \$16.44



TRM-5005-004 Trace Minerals Research

ConcenTrace Trace **Mineral Drops** 4 FL OZ

MSRP \$30.19 **SAVE 25% OFF MSRP**

YOUR PRICE \$26.64

Trace Minerals Research



trace

Colloidal Silver

TRM-5016-002 Trace Minerals Research

Ionic Magnesium 400 ma

2 FL OZ MSRP \$12.59

SAVE 25% OFF MSRP YOUR PRICE \$9.44



Magnesium Gummies Watermelon 120 COUNT

Trace Minerals Research

MSRP \$29.99 **SAVE 25% OFF MSRP** YOUR PRICE \$22.49



Electrolyte Stamina Power Pak - Lemon Lime

30 COUNT MSRP \$20.59

TRM-5043-030

SAVE 25% OFF MSRP YOUR PRICE \$15.44





WILEY'S FINEST WFF-5000-030 Wiley's Finest

Wild Alaskan Fish Oil Peak EPA

30 SFG MSRP \$29.99

SAVE 30% OFF MSRP YOUR PRICE \$20.99



WFF-5000-120 Wiley's Finest

Wild Alaskan Fish Oil Peak EPA

120 SFG MSRP \$88.99

SAVE 30% OFF MSRP YOUR PRICE \$62.29





Prepare Your Home for the Holidays.

SAVE UP TO 25% OFF MSRP!



FID-5189-032 Field Day

All-Purpose Cleaner 32 OZ

MSRP \$5.49

SAVE 25% OFF MSRP

YOUR PRICE \$4.12

FID-5186-025 Field Day

> Free & Clear Liquid Dish Detergent

25 FL OZ MSRP \$5.29

SAVE 25% OFF MSRP

YOUR PRICE \$3.97

FID-5184-100 Field Day

> Free & Clear Liquid **Laundry Detergent**

100 FL OZ MSRP \$18.29

SAVE 25% OFF MSRP

YOUR PRICE \$13.72

Extra Shipping Charges Apply

FID-5187-020 Field Day

> Dishwashing **Detergent Single Pack**

20 COUNT MSRP \$7.99

SAVE 25% OFF MSRP

YOUR PRICE \$5.99

IYC-5009-001 (Large) IYC-5010-001 (Medium) IYC-5011-001 (Small) If You Care

Household Gloves

1 PAIR

MSRP \$5.15

SAVE 15% OFF MSRP YOUR PRICE \$4.38

IYC-5004-060 If You Care

> Large Baking Cups

60 COUNT MSRP \$2.75

SAVE 15% OFF MSRP

YOUR PRICE \$2.34

NVL-5007-024 (Quart Size) NVL-5008-019 (Gallon Size) NVL-5009-040 (Sandwich Size) Natural Value

> Reclosable Storage Bags

19-40 COUNT MSRP \$3.99-\$4.39

SAVE 10% OFF MSRP

YOUR PRICE \$3.59-\$3.95

IYC-5012-048 If You Care

> Paper Snack & Sandwich Bags

48 COUNT MSRP \$6.15

SAVE 15% OFF MSRP

YOUR PRICE \$5.23

IYC-5005-075 If You Care

> Unbleached **Waxed Paper**

75 FEET MSRP \$9.19

SAVE 15% OFF MSRP YOUR PRICE \$7.81

IYC-5001-024 If You Care

> **Parchment** Baking Sheets

24 COUNT MSRP \$5.19

SAVE 15% OFF MSRP

YOUR PRICE \$4.41

IYC-5000-001 If You Care

100% Recyled **Aluminum Foil 50 SQF**

1 ROLL MSRP \$7.69

SAVE 15% OFF MSRP

YOUR PRICE \$6.54

Persoual + Care PRODUCTS []=



JAS-5130-016 (Healthy Mouth) JAS-5132-016 (Sea Fresh)

Mouthwash

16 OZ MSRP \$11.85 **SAVE 20% OFF MSRP**

YOUR PRICE \$9.48

TOM-5038-5.50 (Cinnamint) TOM-5040-5.50 (Fennel) TOM-5044-5.50 (Spearmint) Tom's Of Maine

Fluoride-Free Propolis & Myrrh Toothpaste

MSRP \$10.75 **SAVE 20% OFF MSRP**

YOUR PRICE \$8.60



CRT-5001-008 Carter's Soap Co.

Foaming Face & Body Cleanser

8 O7 MSRP \$11.95 **SAVE 20% OFF MSRP** YOUR PRICE \$9.56



SAVE UP TO 20% OFF

MSRP!

CRT-5003-004 Carter's Soap Co.

All Natural Olive Oil Soap

FUC-5000-001 (Adult Medium)

FUC-5001-001 (Adult Soft)

Record V Natural

SAVE 20% OFF MSRP

YOUR PRICE \$3.43

1 FACH

MSRP \$4.29

Bristle Toothbrush

4 OZ MSRP \$5.75

SAVE 20% OFF MSRP YOUR PRICE \$4.60



CRT-5002-008 Carter's Soap Co.

CRT-5004-001

CRT-5004-008

1-12 FL OZ

Carter's Soap Co.

Hand Sanitizer

MSRP \$2.25-\$10.99

SAVE 10% OFF MSRP

YOUR PRICE \$2.03-\$9.89

Hand Gel & **Body Cleanser**

8 OZ MSRP \$11.95 **SAVE 20% OFF MSRP** YOUR PRICE \$9.56



CRT-5000-008 Carter's Soap Co.

All Natural Shampoo

8 OZ MSRP \$11.95 **SAVE 20% OFF MSRP** YOUR PRICE \$9.56



Fragrance Free **Body Wash** 8 FL OZ MSRP \$9.39 **SAVE 20% OFF MSRP** YOUR PRICE \$7.51



CRT-5000-032 Carter's Soap Co.

All Natural Shampoo

32 OZ MSRP \$29.99

SAVE 20% OFF MSRP

YOUR PRICE \$23.99

DES-5003-008 Desert Essence

Fragrance Free Conditioner

8 FL OZ MSRP \$9.79 **SAVE 20% OFF MSRP** YOUR PRICE \$7.83



DES-5001-008 Desert Essence

Fragrance Free **Hand and Body Lotion**

8 FL OZ MSRP \$9.79 **SAVE 20% OFF MSRP**

YOUR PRICE \$7.83



DES-5004-008 Desert Essence

Fragrance Free Shampoo

8 FL OZ MSRP \$9.79

SAVE 20% OFF MSRP

YOUR PRICE \$7.83

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