

April MONTHLY SPECIALS

APRIL 2022

SAVE UP
TO 35% OFF
MSRP!



FNG-5005-060
Fungi Perfecti LLC
**Mycobotanicals
Energy**
60 VCAPS
MSRP \$34.95
SAVE 25% OFF MSRP
YOUR PRICE \$26.21



FNG-5018-060
Fungi Perfecti LLC
**Mycobotanicals
Brain**
60 CAPS
MSRP \$29.95
SAVE 25% OFF MSRP
YOUR PRICE \$22.46



GEL-6132-457
Garden of Life
**Raw Organic Fit
Vanilla Flavor**
457 GRAMS
MSRP \$48.99
SAVE 35% OFF MSRP
YOUR PRICE \$31.84



GEL-6131-922
Garden of Life
**Raw Fit
Chocolate**
922 GRAMS
MSRP \$61.99
SAVE 35% OFF MSRP
YOUR PRICE \$40.29



JAR-5020-060
Jarrow
MK-7
60 SFG
MSRP \$25.50
SAVE 30% OFF MSRP
YOUR PRICE \$17.85



JAR-5100-100
Jarrow
Zinc Balance
100 CAPS
MSRP \$13.95
SAVE 30% OFF MSRP
YOUR PRICE \$9.77



JAR-5129-100
Jarrow
**Methyl B-12 - Lemon
Flavor 1,000 mcg**
100 LOZENGES
MSRP \$12.50
SAVE 30% OFF MSRP
YOUR PRICE \$8.75



JAR-5339-060
Jarrow
**R-Alpha Lipoic Acid
with Biotin**
60 CAPS
MSRP \$30.95
SAVE 30% OFF MSRP
YOUR PRICE \$21.67



JAR-5012-240
Jarrow
Bone-Up
240 CAPS
MSRP \$29.95
SAVE 30% OFF MSRP
YOUR PRICE \$20.97



MER-5006-180
Dr. Mercola
Liposomal Vitamin C
180 CAPS
MSRP \$46.25
SAVE 25% OFF MSRP
YOUR PRICE \$34.69



MER-5022-030
Dr. Mercola
**Liposomal Vitamin D3
5000 IU**
30 CAPS
MSRP \$21.25
SAVE 20% OFF MSRP
YOUR PRICE \$17.00



MER-5023-0.85
Dr. Mercola
**Sleep Support
with Melatonin
Raspberry Flavor**
0.85 FL OZ
MSRP \$18.75
SAVE 20% OFF MSRP
YOUR PRICE \$15.00



MER-5035-090
Dr. Mercola
**Magnesium
L-Threonate**
90 CAPS
MSRP \$43.75
SAVE 20% OFF MSRP
YOUR PRICE \$35.00



MER-5001-090
Dr. Mercola
Complete Probiotics
90 CAPS
MSRP \$91.25
SAVE 20% OFF MSRP
YOUR PRICE \$73.00

Special pricing good through end of month

Omega-3's from *Carlson*



Fish oil is immensely beneficial for the entire family for a variety of reasons as it is very well known, researched, and documented for the whole body. The rate of positive findings in human trials has been consistently high when looking at research from 2007 to the present day, and there are now over 30,000 clinical trials supporting the evidence of omega-3s and their tremendous health benefits!

The omega-3 fatty acids, EPA and DHA, have been seen to promote healthy cardiovascular, brain, nerve, vision, joint, skin, and immune function. EPA specifically has shown positive effects on heart disease, high triglycerides, high blood pressure, and systemic inflammation whereas DHA is predominately a structural component of the eyes, brain, and nervous system. Both EPA and DHA have been found to aid in promoting healthy moods, as well, as support learning, and memory. In children, omega-3s have been seen to promote brain development, impact behavior and learning abilities, support comprehension, vocabulary, spelling, and reading skills.



CAL-5059-250
Carlson
**Cod Liver Oil
Green Apple**
250 ML
MSRP \$29.90
SAVE 25% OFF MSRP
YOUR PRICE \$22.43



CAL-5060-250
Carlson
**Kid's Cod Liver Oil
Green Apple**
250 ML
MSRP \$29.90
SAVE 25% OFF MSRP
YOUR PRICE \$22.43



CAL-5061-200
Carlson
**Very Finest Fish Oil
Mixed Berry**
200 ML
MSRP \$26.50
SAVE 25% OFF MSRP
YOUR PRICE \$19.88



CAL-5062-200
Carlson
**Kid's Very Finest
Fish Oil Mixed Berry**
200 ML
MSRP \$26.50
SAVE 25% OFF MSRP
YOUR PRICE \$19.88

There is now a measurement tool by OmegaQuant that has been utilized in research to determine EPA and DHA levels and health impacts, and it's called the Omega-3 Index. The Omega-3 Index is a measurement of the percentage of EPA and DHA in our red blood cell membranes, and an Omega-3 Index score in the range

of 8 to 12% is an indicator of overall wellness for adults. To better achieve the 8-12% level, Carlson Labs offers some excellent options in either liquid or soft gels. **Carlson's Very Finest Fish Oil** yields 1,600mg of omega-3s per teaspoon, and it comes in a delicious lemon, orange, or *NEW* mixed berry flavor. **Carlson's Cod**

Liver Oil in lemon or *NEW* green apple yields 1,100 mg of omega-3s fatty acids, 850 IU of vitamin A, and 400IU of vitamin D in 1 teaspoon. I'd recommend 2 teaspoons of either the VFFO or Cod Liver Oil to better achieve the 8-12% blood level recommendation. If you prefer a soft gel, you can take 2-3 of **Elite Omega 3 Gems** with a meal as one soft gel yields 800mg of omega-3s. **Maximum Omega 2000**, which is Carlson's highest potency soft gel, yields 2,000 mg of omega-3s in 2 soft gels and that would be all you would need to take of those. To best know your Omega-3 Index levels you can easily check them with an at-home Carlson Omega-3 Index Test kit.

As for children, they have seen that a 6% omega-3 index blood level is where kids should ideally be. Unfortunately, many children's diets in America today lack the foods that contain omega-3s, and making sure our kids take in enough daily omega-3s and the necessary DHA for brain development can be a challenge through foods alone. This is where supplementation comes in, but most adults and kids aren't too crazy at the thought of taking a fish oil or cod liver oil right off the spoon even when they are as tasty as the delicious flavors that we have at Carlson Labs. So, adding in a high-quality fish oil to a meal or snack would be a great way to ensure both you and your children are getting enough of the daily requirements of omega-3s.

Simply drizzling it into or over some favorite meals or snacks are great options! Pouring some of the lemon-

flavored cod or fish oil over top of already popped popcorn, over pizza, into hummus, guacamole, or salad dressings are all delicious possibilities. If none of these are staples in your or your child's diet, the orange, apple, or berry flavored oils can easily be added to juice, yogurt, or smoothies. There are so many ways to add omega-3s to foods or beverages, and you can find more recipes on our website www.carlsonlabs.com. Each ½ teaspoon dose of **Carlson for Kid's Very Finest Fish Oil** provides 800 mg of omega-3's (yielding 400 EPA/250 DHA) in a natural lemon, orange flavor, and *NEW* mixed berry flavor, and each ½ teaspoon dose of **Carlson for Kid's Cod Liver Oil** provides 550 mg of omega-3's (yielding 200 EPA/250 DHA), 425 IU of Vitamin A, and 200 IU of Vitamin D3 in a delicious lemon, bubble gum flavor, or *NEW* green apple flavor.

Getting in your omega-3s has never been easier nor more delicious, and you can be assured you are making the right choice using Carlson Labs fish oil as we pride ourselves on superior purity, potency, and freshness. We source the highest quality, deep, cold-water fish using traditional, sustainable methods. To insure this, all Carlson suppliers hold

the Friend of the Sea Certificate, and we utilize The International Fish Oil Standards program which is the only third-party testing and certification program exclusively for fish oil supplements. Our liquid fish oils also consistently received the Superior Taste Award from the Institute of Taste and Quality in Brussels. We recently teamed up with the IGEN program (International GMO Evaluation and Notification) which is a certification program that tests for the presence of GMOs. Carlson is also committed to the environment as much as we are to the high quality of our products; therefore, we joined Impact Collective in 2021. Together with IC, we've started our plastic neutral journey by offsetting the plastic in our omega-3 and children's products through investments in certified plastic removal projects taking place in our global waterways.

We at Carlson are strongly committed to support the health and wellbeing of people as well as our planet through offering high quality, sustainable, and low environmental impact fish oils. Omega-3s have been shown to support our health from our head down to our toes, and Carlson's tasty fish oils are the answers to fill in those gaps where diets lack.



CAL-5037-060
Carlson
Gamma E-Gems
465 mg
60 SFG
MSRP \$34.90
SAVE 25% OFF MSRP
YOUR PRICE \$26.18



CAL-6150-060
Carlson
E-Gems Elite
400 IU (268 mg)
60 SFG
MSRP \$34.90
SAVE 25% OFF MSRP
YOUR PRICE \$26.18



CAL-5106-060
Carlson
Maximum Omega 2000
60 SFG
MSRP \$29.90
SAVE 25% OFF MSRP
YOUR PRICE \$22.43



CAL-7831-060
Carlson
Elite Omega-3 Gems
60 SFG
MSRP \$23.50
SAVE 25% OFF MSRP
YOUR PRICE \$17.63



CAL-7831-090
Carlson
Elite Omega-3 Gems
90 SFG
MSRP \$34.90
SAVE 25% OFF MSRP
YOUR PRICE \$26.18



SUPPLEMENT SPECIALS



NFT-5028-090
Natural Factors
MenoSense
90 VCAPS
MSRP \$24.95
SAVE 25% OFF MSRP
YOUR PRICE \$18.71



NFT-5043-090
Natural Factors
C Tangy Orange Fruit Chew
90 COUNT
MSRP \$14.95
SAVE 30% OFF MSRP
YOUR PRICE \$10.47



NFT-5130-060
Natural Factors
Ashwagandha Sensoril
60 VCAPS
MSRP \$17.95
SAVE 30% OFF MSRP
YOUR PRICE \$12.57



NFT-5221-030
Natural Factors
Quercetin 500 mg
30 SFG
MSRP \$27.95
SAVE 30% OFF MSRP
YOUR PRICE \$19.57



NFT-5225-060
Natural Factors
N-Acetyl-L-Cystine
60 VCAPS
MSRP \$15.95
SAVE 30% OFF MSRP
YOUR PRICE \$11.17



NFT-6055-060
Natural Factors
WellBetX Berberine 500 mg
60 VCAPS
MSRP \$27.95
SAVE 35% OFF MSRP
YOUR PRICE \$18.17



NNA-6047-060
Nordic Naturals
DHA Xtra 1000 mg
60 CAPS
MSRP \$31.95
SAVE 20% OFF MSRP
YOUR PRICE \$25.56



NNA-6056-060
Nordic Naturals
Vitamin C Gummies Tart Tangerine
60 COUNT
MSRP \$14.95
SAVE 20% OFF MSRP
YOUR PRICE \$11.96



NOW-8698-090
Now Foods
Menopause Support
90 CAPS
MSRP \$19.99
SAVE 35% OFF MSRP
YOUR PRICE \$12.99



NPR-5325-072
New Chapter
55+ Every Woman's One Daily Multivitamin
72 TABS
MSRP \$86.95
SAVE 35% OFF MSRP
YOUR PRICE \$56.52



NTY-5004-120
Natur-Tyme
Advanced Daily w/ CoQ10
120 CAPS
MSRP \$53.30
SAVE 35% OFF MSRP
YOUR PRICE \$34.65



NTY-5008-240
Natur-Tyme
Milk Thistle 175 mg
240 CAPS
MSRP \$57.10
SAVE 35% OFF MSRP
YOUR PRICE \$37.12



NTY-5009-200
Natur-Tyme
MSM Glucosamine 1500 mg
200 VCAPS
MSRP \$34.99
SAVE 35% OFF MSRP
YOUR PRICE \$22.74



NTY-5012-120
Natur-Tyme
Red Yeast Rice Plus W/CoQ10, NAC & Milk Thistle
120 VCAPS
MSRP \$57.10
SAVE 35% OFF MSRP
YOUR PRICE \$37.12



NTY-6561-060
Natur-Tyme
35 Billion Probiotic
60 VCAPS
MSRP \$66.65
SAVE 35% OFF MSRP
YOUR PRICE \$43.32



NTY-7209-060
Natur-Tyme
B-Healthy
60 CAPS
MSRP \$27.99
SAVE 30% OFF MSRP
YOUR PRICE \$19.59



NTY-7413-250
Natur-Tyme
Vitamin D 25 mcg (1000 IU)
250 SFG
MSRP \$19.30
SAVE 35% OFF MSRP
YOUR PRICE \$12.55



NTY-7417-100
Natur-Tyme
Natural Vitamin E 400 IU
100 SFG
MSRP \$24.95
SAVE 35% OFF MSRP
YOUR PRICE \$16.22



NTY-7559-090
Natur-Tyme
Algae Based Calcium
90 TABS
MSRP \$32.80
SAVE 35% OFF MSRP
YOUR PRICE \$21.32



NTY-8482-180
Natur-Tyme
Magnesium Glycinate 400 mg
180 VCAPS
MSRP \$30.65
SAVE 35% OFF MSRP
YOUR PRICE \$19.92



NTY-9015-030
Natur-Tyme
Women's 50 Billion Probiotic Formula
30 VCAPS
MSRP \$41.40
SAVE 35% OFF MSRP
YOUR PRICE \$26.91



NTY-9020-090
Natur-Tyme
InflamMove
90 VCAPS
MSRP \$32.80
SAVE 35% OFF MSRP
YOUR PRICE \$21.32



NWY-0027-030
Nature's Way
Fortify Dual Action Digestive Complete 20 Billion
30 VCAPS
MSRP \$25.19
SAVE 20% OFF MSRP
YOUR PRICE \$20.15



NWY-6038-030
Nature's Way
Primadophilus Reuteri 5 Billion CFU
30 VCAPS
MSRP \$14.29
SAVE 20% OFF MSRP
YOUR PRICE \$11.43



NWY-6056-060
Nature's Way
ALIVE! Once Daily Men's 50+ Ultra Potency
60 TABS
MSRP \$28.59
SAVE 35% OFF MSRP
YOUR PRICE \$18.58



NWY-6074-060
Nature's Way
Sambucus Gummies
60 COUNT
MSRP \$20.99
SAVE 20% OFF MSRP
YOUR PRICE \$16.79



NWY-6175-090
Nature's Way
Probiotic Pearls Acidophilus 1 Billion CFU
90 SFG
MSRP \$41.99
SAVE 30% OFF MSRP
YOUR PRICE \$29.39



NWY-6182-4.05
Nature's Way
Bronchial Soothe Ivy Leaf Supplement 33 mg
4.05 FL OZ
MSRP \$16.79
SAVE 30% OFF MSRP
YOUR PRICE \$11.75



PBN-5002-060
Probulin
Colon Support
60 CAPS
MSRP \$63.99
SAVE 30% OFF MSRP
YOUR PRICE \$44.79



PBN-5011-030
Probulin
Total Care Probiotic
30 CAPS
MSRP \$42.99
SAVE 30% OFF MSRP
YOUR PRICE \$30.09



SEZ-5000-048
Source Naturals
Allercetin
48 TABS
MSRP \$10.25
SAVE 25% OFF MSRP
YOUR PRICE \$7.69



THO-5008-090
Thorne Research
NAC 500 mg
90 CAPS
MSRP \$25.00
SAVE 20% OFF MSRP
YOUR PRICE \$20.00



ACG-5002-120
A.C. Grace
Unique E
120 SFG
MSRP \$51.87
SAVE 20% OFF MSRP
YOUR PRICE \$41.50

*Reduce exposure to dust,
pollen, mold, pet dander,
and lint this Spring!*



DIX-5000-WHT
Dixie's Masks

**Cotton Allergy Mask
w/Carbon Insert**

1 EACH
MSRP \$27.00

SAVE 25% OFF MSRP
YOUR PRICE \$20.25



DIX-5001-WHT
Dixie's Masks

Carbon Insert

1 EACH
MSRP \$17.00

SAVE 25% OFF MSRP
YOUR PRICE \$12.75

***Dixie's Masks are not designed to
protect the wearer from any viruses.***

Water Purification **MUST HAVES**



NWP-5013-BLU
New Wave Enviro Products
**Barrier Twist Water
Filter Pitcher 1.65L**

1 EACH
MSRP \$24.99
SAVE 15% OFF MSRP
YOUR PRICE \$21.24



NWP-5015-001
New Wave Enviro Products
**Barrier Water
Filter Pitcher
Replacement Filter**

1 EACH
MSRP \$9.99
SAVE 15% OFF MSRP
YOUR PRICE \$8.49



NWP-5031-BLK (Black)
NWP-5031-PNK (Pink)
NWP-5031-VIO (Violet)
New Wave Enviro Products

**20 oz. Glass
Water Bottle**

1 EACH
MSRP \$17.99
SAVE 20% OFF MSRP
YOUR PRICE \$14.39



NWP-5004-BLK (Black)
NWP-5004-GBL (Glacier Blue)
NWP-5004-MNB (Mint Blue)
NWP-5004-PUR (Purple)
NWP-5004-VIO (Violet)
New Wave Enviro Products

**1-Liter BPA Free
Reusable Bottle**

1 EACH
MSRP \$9.99
SAVE 20% OFF MSRP
YOUR PRICE \$7.99

Spring Cleaning



Household
ESSENTIALS



**SAVE UP
TO 15% OFF
MSRP!**

- | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>A. NCL-5000-061
Nature Clean
Laundry Liquid
61 FL OZ
MSRP \$12.99
SAVE 10% OFF MSRP
YOUR PRICE \$11.69
<i>Extra Shipping Charges Apply</i></p> | <p>B. NCL-5010-008
Nature Clean
Rinse Agent
8 FL OZ
MSRP \$6.19
SAVE 10% OFF MSRP
YOUR PRICE \$5.57</p> | <p>C. NCL-5011-061
Nature Clean
Automatic Dishwasher Gel
61 FL OZ
MSRP \$16.46
SAVE 10% OFF MSRP
YOUR PRICE \$14.81
<i>Extra Shipping Charges Apply</i></p> |
| <p>D. NCL-5000-101
Nature Clean
Laundry Liquid
101 FL OZ
MSRP \$16.99
SAVE 10% OFF MSRP
YOUR PRICE \$15.29
<i>Extra Shipping Charges Apply</i></p> | <p>F. NCL-5019-122.7
Nature Clean
Oxygen Bleach
122.7 FL OZ
MSRP \$14.99
SAVE 10% OFF MSRP
YOUR PRICE \$13.49
<i>Extra Shipping Charges Apply</i></p> | <p>G. NCL-5018-1.5
Nature Clean
Unscented Fabric Softener
1.5 LITER
MSRP \$8.99
SAVE 10% OFF MSRP
YOUR PRICE \$8.09
<i>Extra Shipping Charges Apply</i></p> |
| <p>H. NCL-5012-033
Nature Clean
Toilet Bowl Cleaner
33 FL OZ
MSRP \$6.99
SAVE 10% OFF MSRP
YOUR PRICE \$6.29</p> | <p>J. NCL-5005-033
Nature Clean
Fragrance-Free Hand Soap Refill
33 FL OZ
MSRP \$10.99
SAVE 10% OFF MSRP
YOUR PRICE \$9.89</p> | <p>K. SEV-5068-001
Seventh Generation
100% Recycled Paper Towels
1 COUNT
MSRP \$3.69
SAVE 15% OFF MSRP
YOUR PRICE \$3.14</p> |
| <p>L. SEV-5121-500
Seventh Generation
100% Recycled Paper Napkins
500 COUNT
MSRP \$10.19
SAVE 15% OFF MSRP
YOUR PRICE \$8.66</p> | <p>N. SEV-5117-035
Seventh Generation
Disinfecting Wipes
35 COUNT
MSRP \$6.59
SAVE 15% OFF MSRP
YOUR PRICE \$5.60</p> | <p>O. SEV-5117-070
Seventh Generation
Disinfecting Wipes
70 COUNT
MSRP \$10.09
SAVE 15% OFF MSRP
YOUR PRICE \$8.58</p> |
| <p>E. NCL-5005-016
Nature Clean
Fragrance-Free Hand Soap
16 FL OZ
MSRP \$7.69
SAVE 10% OFF MSRP
YOUR PRICE \$6.92</p> | <p>I. NCL-5009-025
Nature Clean
Unscented Dish Soap
25 FL OZ
MSRP \$5.99
SAVE 10% OFF MSRP
YOUR PRICE \$5.39</p> | <p>M. SEV-5020-004
Seventh Generation
100% Recycled Bathroom Tissue
4 COUNT
MSRP \$6.90
SAVE 15% OFF MSRP
YOUR PRICE \$5.87</p> |

Pure & Natural Personal Care Products

SAVE UP TO 20% OFF MSRP!



JAS-5116-006 (Peppermint)
JAS-5115-006 (Spearmint)
Jason

Toothpaste

6 OZ
MSRP \$6.19
SAVE 20% OFF MSRP
YOUR PRICE \$4.95



JAS-5142-016 (Peppermint)
JAS-5132-016 (Spearmint)
Jason

Mouthwash

16 FL OZ
MSRP \$11.15
SAVE 20% OFF MSRP
YOUR PRICE \$9.48



NCL-5121-010 (Shampoo)
NCL-5122-010 (Conditioner)
Nature Clean

Pure-Sensitive Shampoo or Conditioner

10 FL OZ
MSRP \$13.49
SAVE 15% OFF MSRP
YOUR PRICE \$11.47



CYD-5003-2.25
Crystal Body Deodorant

Deodorant Roll-On

2.25 FL OZ
MSRP \$5.99
SAVE 20% OFF MSRP
YOUR PRICE \$4.79



CYD-5005-4.25
Crystal Body Deodorant

Crystal Stick Twist Up

4.25 FL OZ
MSRP \$8.09
SAVE 20% OFF MSRP
YOUR PRICE \$6.47



CYD-5006-005
Crystal Body Deodorant

Crystal Deodorant Body Rock

.5 FL OZ
MSRP \$8.59
SAVE 20% OFF MSRP
YOUR PRICE \$6.87

Steam Cleaning Solutions



REL-5008-001
Reliable Corp.
**Steamboy Pro
300CU Steam
Floor Mop**

1 EACH
MSRP \$129.00
SAVE 5% OFF MSRP
YOUR PRICE \$122.55

Extra Shipping Charges Apply



REL-5011-001
Reliable Corp.
**Steamboy Pro
300CU
Replacement Filter**

1 EACH
MSRP \$10.00
SAVE 5% OFF MSRP
YOUR PRICE \$9.50



REL-5010-001
Reliable Corp.
**Steamboy Pro
300CU Brush**

1 EACH
MSRP \$14.35
SAVE 5% OFF MSRP
YOUR PRICE \$13.63



REL-5009-002
Reliable Corp.
**Steamboy Pro
300CU Microfiber
Cloth Set of 2**

1 EACH
MSRP \$15.00
SAVE 5% OFF MSRP
YOUR PRICE \$14.25

**SAVE 5%
OFF MSRP!**